



HUMBER BAY SAILING CENTRE

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Sailing School Winter 2018 / 19 Course Schedule

March 9, 2019

Winter Seminars and Theory Courses

Sail Canada Basic Cruising Theory

(Friday, 18:30 – 21:30, Mar 8 – Mar 29) NEW!

Course fee: \$140 + HST

This Sail Canada course will provide the theoretical knowledge required to be able to cruise safely in familiar waters as both skipper and crew of a sloop rigged keelboat of 6 to 10 meters with an outboard or inboard motor in moderate wind and sea conditions by day. Topics covered will include: Parts of the boat, nautical terminology and commands, safety equipment, navigation lights, hypothermia, cold water shock, carbon monoxide poisoning, the ship's compass, safe refueling procedures, flares and distress signals, collision regulations, basic weather concepts, responsibilities of the skipper and crew, basic seamanship, dealing with on-board emergencies, knots, basic navigation including charts and tide and current tables. The Sail Canada Basic Cruising exam may be written at the conclusion of the course. A textbook is included in the course fee. A credit of 50% of this course fee will be applied against the Basic Cruising on-water course fee if the on-water is taken with HBSC in 2019.

Sail Canada Basic Coastal Navigation Standard

(Mon & Thurs, 18:30 – 21:30, March 25 – April 15) REVISED DATES

Course fee: \$395 + HST

This introductory course offers basic knowledge of navigation theory and is the initial course in a comprehensive set of courses offered by Sail Canada on vessel navigation. The curriculum covers the role of the navigator and introduces the publications, aids to navigation, tools and techniques that support planning and safe passage making. The student is exposed to basic plotting and position determination methods. This course covers information key to the effective use of electronics. Sail Canada exam may be written at the conclusion of the course. Parallel rules and dividers will be required for this course.

Sessions complement the material introduced in the Sail Canada Basic Cruising course. The Sail Canada Basic Coastal Navigation course is a prerequisite for the Sail Canada Intermediate Cruising course wherein these navigation concepts and skills will be applied. The Basic Coastal Navigation course prepares the candidates for the Sail Canada Intermediate Coastal Navigation course.

Sail Canada Advanced Cruising Theory

(Tuesday, 18:30 – 21:30, Mar 19 – Apr 23)

Course fee: \$210 + HST

This Sail Canada course will provide the theoretical knowledge required to be able to act safely as both skipper and crew on a sailing cruiser of 10 – 15 meters, any modern rig and inboard engine, operating within 100 miles of shore by day or night in coastal or inland waters in any weather. Topics covered will include: Sail theory, centre of lateral resistance and centre of effort, lee and weather helm, sail shape adjustments, weather (low pressure systems, warm and cold fronts, clouds and their associated weather), collision regulations and distress signals, method of grounding for lightning, winterizing and preparing for launch, electronic navigation aids, on-board emergencies and towing, precautions for

heavy weather, non-stop passage planning, dealing with on-board electro-mechanical problems, oil and filter changes, bleeding fuel lines, docking and undocking under sail, sailing at night, yacht stability. The Sail Canada Advanced Cruising exam may be written at the conclusion of the course.

**VHF Radio “Restricted Operator’s Certificate (Maritime)” with DSC Endorsement
(Monday & Thursday evenings, 18:30 – 21:00, April 15 & 18)**

Course fee: \$135 + HST

Learn to operate a VHF (very high frequency) radio legally and obtain the necessary certificate. This two-evening course covers all aspects of VHF radio operation. On the second evening, students will undergo a brief oral examination and written test to obtain the VHF certificate with Digital Selective Calling (DSC) Endorsement. Register early to receive study material in advance.

Winter Courses in the Caribbean

**Sail Canada Intermediate Cruising Standard
(Mar 24 – 31 in Antigua & Barbuda)**

Course fee: USD \$1,450

Presented in cooperation with “Sailabration”, and taught on a Beneteau 43.4 Cyclades sloop, this course will teach the Afloat Skills (on-water practical) portion of the Sail Canada Intermediate Cruising Standard. Upon completion of this course you should be able to cruise safely and efficiently on a sloop-rigged sailing yacht of up to 12 metres in moderate wind and sea conditions by day. This course emphasizes on-the-water skills at a level acceptable for bare boat chartering for extended cruises in coastal waters. Your on-water ability will be assessed against the afloat skills required for the Sail Canada Intermediate Cruising Standard.

This course DOES NOT INCLUDE the Sail Canada Ashore Knowledge (theory) portion of the Standard (see Sail Canada Intermediate Cruising Theory above) or airfare.

Prerequisites for certification: Basic Cruising Standard, Basic Coastal Navigation Standard, ROC(M) VHF w/DSC endorsement, Pleasure Craft Operator’s Card. Prior sailing experience as a skipper is also recommended.

**Sail Canada Advanced Cruising Standard
(Mar 31 – Apr 9 Antigua to Grenada / Trinidad)**

Course fee: USD \$1,450

Presented in cooperation with “Sailabration” and taught on a Beneteau 43.4 Cyclades sloop, this course will teach the Afloat Skills (on-water practical) portion of the Sail Canada Advanced Cruising Standard. Upon completion of this course you should be able to cruise safely and efficiently on a sailing cruiser of up to 15 metres, any modern rig with inboard engine, operating within 100 miles of shore by day and night in coastal or inland waters in any weather. This course emphasizes on-the-water skills at a level acceptable for extended cruises. Your on-water ability will be assessed against the afloat skills required for the Sail Canada Advanced Cruising Standard.

This course DOES NOT INCLUDE the Sail Canada Ashore Knowledge (theory) portion of the Standard (see Sail Canada Advanced Cruising Theory above) or airfare.

Prerequisites for certification: Intermediate Cruising Standard, Intermediate Coastal Navigation Standard, ROC(M) VHF w/DSC endorsement, Pleasure Craft Operator’s Card, recognized Standard First Aid with CPR.

To register for any of the above courses please contact Bryant Adlam at education@hbsailing.com

Humber Bay Sailing Centre transfer and refund policies apply.